

Healthy Vermonters 2010

Four Healthy Vermonters 2010 objectives were selected from Healthy People 2010 objectives as priorities related to asthma in our state. These objectives were designed to identify the most significant preventable threats to health for individuals with asthma, and to establish statewide goals to reduce these threats. The objectives challenge individuals, communities, and professionals to take specific steps to ensure that Vermonters with asthma lead healthy lives.

The four asthma-related objectives are:

1. Increase the percentage of people with asthma who receive education about recognizing early signs and symptoms and how to respond.

Goal: To be developed
VT 2005: 38.6%

2. Increase the percentage of people with asthma who receive written management plans from their health care professional.

Goal: To be developed
VT 2005: 23.1%

3. Reduce the percentage of young children who are regularly exposed to tobacco smoke in the home.

Goal: 10%
VT 2004: 18.3% (households with children that do not prohibit smoking in home)

NOTE: Vermont has met this goal.

4. Further reduce hospitalizations for asthma among people under 18.

Goal: 18.3/10,000
VT 2003: 8.3/10,000

NOTE: Vermont has met this goal.